



Instructions for use

Mobile shower seat 'Flexo'

Important:

Read these instructions carefully before using the Flexo!

Date of first use

.....

User

.....

Name

.....

Address

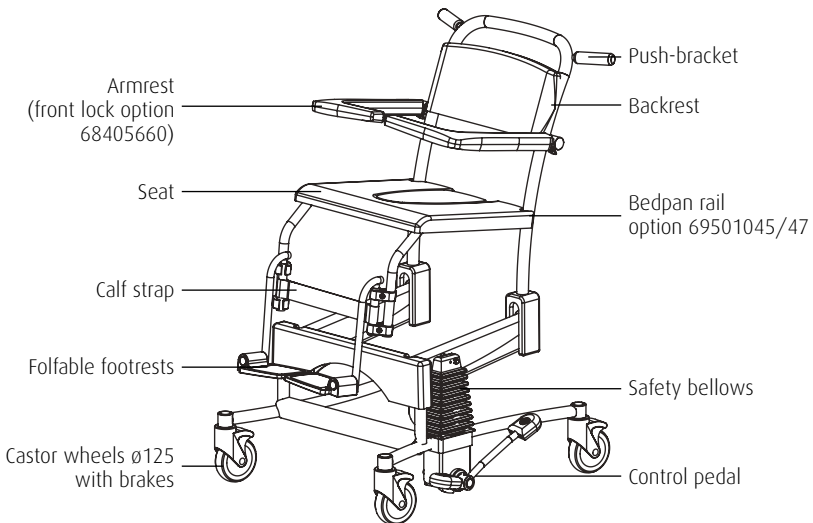
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Introduction

The high/low Flexo shower and toilet chair is an aid that allows people to be nursed and washed in an ergonomically sound manner. It offers maximum comfort to both the user and the nurse.

The Flexo can also be used as a toilet seat, with the use of a bedpan, as well as in combination with a toilet.

The Flexo consists of a base unit and a seat unit. The seat offers the comfort and the correct support of a normal chair. The seat height from the base can be adjusted hydraulically, making the Flexo a multi-functional chair.

The standard Flexo comes with upfoldable footrests and armrests. In addition, various accessory features are available as options, such as a front lock and a adjustable footrest.

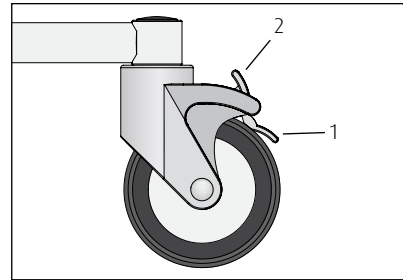
The flexo is a product that is supplied with the CE mark. This mark is in conformity with the Directive for Medical Equipment # 93/42 EEC of June 14th, 1993.

General safety guidelines

- Ensure that the brakes of the Flexo are always locked during transfers.
- Ensure there are no obstacles when raising/lowering the chair.
- Only ride and manoeuvre the chair in its lowered position.
- Do not raise or lower the seat when riding the chair.
- Before use in the toilet, set the chair to the correct height.
- Lock the armrests in position before raising or tilting the chair occupied by the user.
- If possible, always cross obstacles with the chair in reversed position.
- In case of any malfunctioning please contact your dealer.

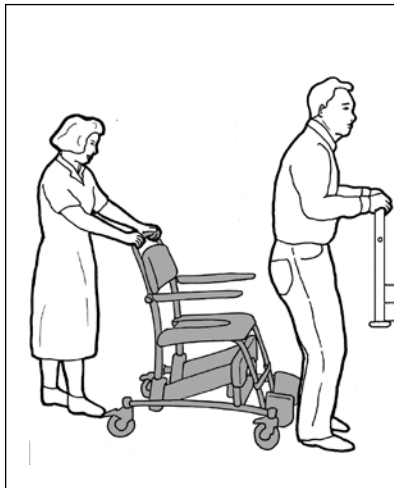
Brakes

- Lock the brake of the Flexo by stepping down on the extended lip (1) on the wheel.
- Unlock the brakes by pressing down the upper lip (2) of the wheel.



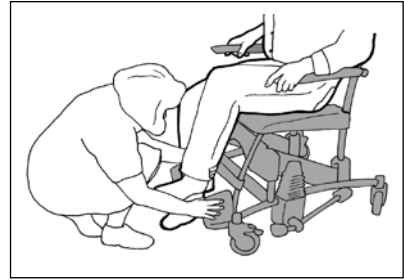
Sitting down / standing up

- The carer opens the armrests and folds them away if necessary.
- The carer adjusts the height of the seat to match the user.
- The carer folds up both footrests.
- The user stands upright and holds onto a fixed support, for example, a bed or grabrail.
- The carer manoeuvres the Flexo into position behind the user until the calf strap comes into contact with the user.
- The brakes must be applied when making the transfer.
- The user is lowered into the Flexo.
- Standing up takes place in the reverse order.



Foldable/detachable footrests

- The nurse folds down the footrests before the Flexo is raised.
- The nurse or the user will lift up one leg first, the nurse will then fold down the footrest; then the same procedure is followed for the other leg.

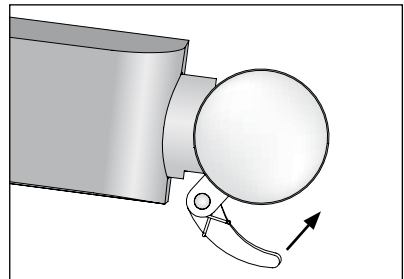


Folding up the armrests

The armrests, which operate independently of each other, can be folded without difficulty, protect the user when raising or lowering the armrests. When folded up, the armrests should stay in place and not fall back by themselves. If so, please consult your dealer.

Armrests with front lock (option 68405660)

- Once the user is sitting in the Flexo, the armrests with front lock can be lowered and positioned in front of the user.
- These armrests are then locked in a horizontal position.
- The armrests can be unlocked by pressing in the safety catch on the hinge of the frame (see illustration). The armrests can then be folded up, away from the user.
- When raising or lowering the armrests, always give the user some protection.
- The armrests can also be used as a support when sitting or standing, but bear in mind that the armrests cannot be locked in all directions.



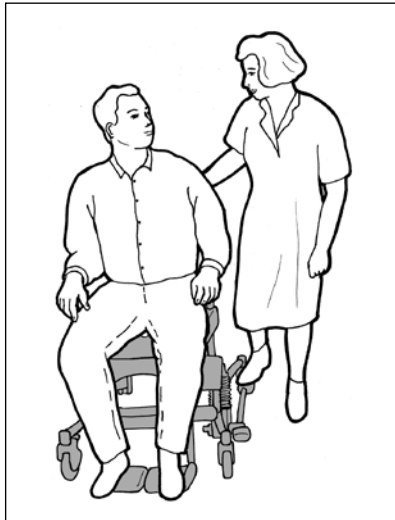
Note: When lowering the armrests into place, take care not to get fingers trapped in the hinge.

Raising the chair

- When the user is sitting on the Flexo, the brakes of the Flexo must be locked first, before the seat may be raised.
- The seat is raised by quietly and evenly stepping down on the long end of the pedal.
- the stepping movements the upper body the nurse is facing the Flexo lengthways, so the nurse cannot twist his/her upper body in relation to the position of the feet.
- Keep in contact with the user during the upward movement.

Lowering the chair

- Lower the seat by pressing down the short end of the pedal.
- The seat will lower under the influence of gravity; control the lowering speed by slightly holding down the pedal.
- Maintain contact with the user when lowering the chair.



Note: The lowering speed can also be controlled well by lifting up the long end of the pedal with the foot.

Using a bedpan/pail

- To use the Flexo as a toilet seat, the middle part must be removed from the seat before the user sits down.
- Using the special bedpan guide, slide the bedpan under the seat from the rear.

In order to avoid injury to the user, we recommend that the carer remove the cover from the seat and put the bedpan or pail in position before the user sits down.



Use as a toilet seat

- The Flexo can be positioned over the toilet. Once the user is sitting in the chair and the armrests are closed, the carer sets the Flexo to the correct height.
- The Flexo can now be reversed into position over the toilet.
- If necessary, lower the Flexo to the correct height.

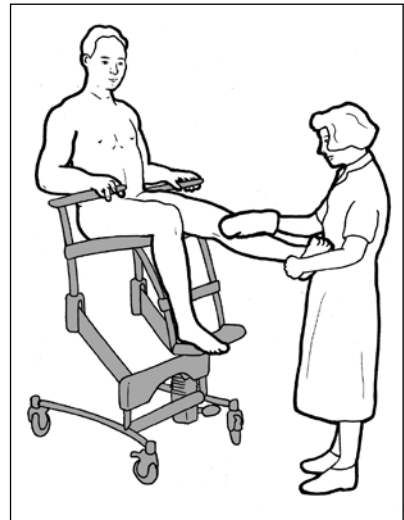
In order to avoid injury to the user, we recommend that the carer remove the cover from the seat and put the bedpan or pail in position before the user sits down.



Note: the Flexo is not compatible with all toilets.

Washing

- Because the Flexo is height-adjustable, the ergonomic conditions of personal care and washing of the user are considerably improved for the carer.
- The height can be adjusted to suit the size of the user.
- Lower the Flexo in order to wash the upper body and the hair.
- Raise the Flexo into the required position for washing the lower body and the legs.



Maintenance

- The Flexo must be cleaned with water and normal household cleaning agents after each use; do not use any abrasives or aggressive solutions (such as chlorine).
- If the Flexo needs to be disinfected, we recommend that you use Nequat combi®, do not use an alcohol-based agent.
- Regularly check the wheels for hairs and dust and, if found, remove them.
- Remove any excess soap residue.
- Lopital Nederland B.V. recommends taking out an annual maintenance contract for the Flexo.
- Maintenance and repairs should only be carried out by qualified personnel.

Technical data

Structure

Frame of steel tubing and plate materials with a double-layer powder coating.

Stainless steel turning points.

Plastic wheels, $\varnothing 125$ mm, dual blocking system.

PUR (polyurethane) body support.

Weight of Flexo 40Kg.

Maximum load 135Kg.

Dimensions

Ground surface: 70 cm wide, 82 cm deep.

Seat height: minimum 50 cm, maximum 105 cm.

Tilt angle seat: Lowest position: 3°, highest position: 15°.

Wedge angle: 100°.

Drive system:

Integrated hydraulic unit.



For more information, please visit our website: www.lopital.com

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