



## For a good night sleep

### Somna Blanket

Somna Blanket is a weighted blanket that provides sensory stimulation through evenly distributed pressure and weight. It is designed to relieve worry, anxiety and difficulty sleeping.

Somna Blanket provides an enveloping effect via the flexible longitudinal chains that follow the contours of the body. The effect is that the individual can relax, slow down and get a better quality of sleep.

Somna Blanket



**ABILIA**

## USE

Somna Blanket has a chain side and a padded side. With the padded side against the body, you get an even and deep pressure, and with the chain side against the body, you get an increased tactile stimulation. Which side you choose to face the body is individual.

The chain side has a textile with half moons so that users and staff can easily distinguish between the different sides.

Hygienic covers are available as accessories for Somna Kedjetäcke.

## AREAS OF USE

- Gives a calming effect
- Easier to relax before going to bed
- Improves sleep quality

## WASHING INSTRUCTIONS

Discount wash 60 °C.

Laundry bag must be used.

Divide the duvet before washing.

## MATERIAL AND CONTENT

Somna Blanket is certified against standard 100, class I, OEKO-TEX®. This guarantees that the product meets high human ecological requirements, i.e. does not contain chemicals in levels that are harmful to health.

Somna Blanket is a cool, weighted blanket that breathes. The batting is made as thin as possible, where the textile has a construction with small pores and cavities that allow both moisture and steam to be easily transported. In this way, a pleasant and dry environment is created during the entire sleep cycle.

All blankets are flameproof and the chains are lacquered for a silent quilt.

Textile: 90% polyester Trevira CS, 10% polypropylene. Filling: 100% lacquered steel chains.

The products are marketed as technical aids class I for people with disabilities and comply with Regulation (EU) 2017/745 - MDR.

## TECHNICAL INFORMATION

### Product:

Somna Blanket 4 kg  
Somna Blanket 6 kg  
Somna Blanket 8 kg  
Somna Blanket 10 kg  
Somna Blanket 12 kg  
Somna Blanket 14 kg  
Somna Blanket Junior 3 kg  
Somna Blanket Junior 5 kg

### Art.nr:

Art.nr. 500170  
Art.nr. 500175  
Art.nr. 500180  
Art.nr. 500185  
Art.nr. 500190  
Art.nr. 500195  
Art.nr. 500200  
Art.nr. 500205

### Accessories:

Hygiene cover Somna weighted blankets (140 cm)  
Art.nr. 700810  
  
Hygiene cover Somna weighted blankets Junior (140 cm)  
Art.nr. 700811

