



Bio Heart

NM-55



 **NUGA MEDICAL CO., LTD.**

✓ How to Use NM-55

- 01 Connect the power plus to the outlet.
- 02 Turn on the main power switch on the back of the product
- 03 Press the start button on the control part.
(Start: Power LED – Green, Stop: Power LED – Red)
- 04 Press the select button to set the desired temperature (weak, medium and strong)
(Weak is around 50 °C, medium for about 60°C and strong for about 70°C, and when the temperature set is reached, it would have a beep sound).
- 05 The finger pressure is applied by walking for about two minutes with the left foot on the hot temperature plate and the right foot on the cold temperature plate.
(After two minutes, the three times of beep will be on automatically.)
- 06 After two minutes with the beep sound, the location of the feet is changed for the left foot on the cold plate and the right foot on the hot plate. (Hot pressure: 3 times in two minutes, cold pressure: 3 times for 2 minutes each with a total of 12 minutes to have the 3 times of beep sound with the long last beep sound.)
- 07 After 12 minutes, it automatically stops, and if you want the work again, press the Start/Stop button to use again. (After the 12 minutes of work, press the select button again, and it remembers the temperature that you previously used that the temperature used is automatically selected only with one press of the select button.



- We recommend for you to use two times a day, and after the use, turn off the main power switch and separate the plug from the outlet to keep.
- It takes about 5 minutes up to reaching to the set temperature and it may have some changes depending on the indoor temperature.
- Until the set temperature is reached, you may stimulate your palm for a great effect.

✓ Example Use of NM-55



NM-55 Components

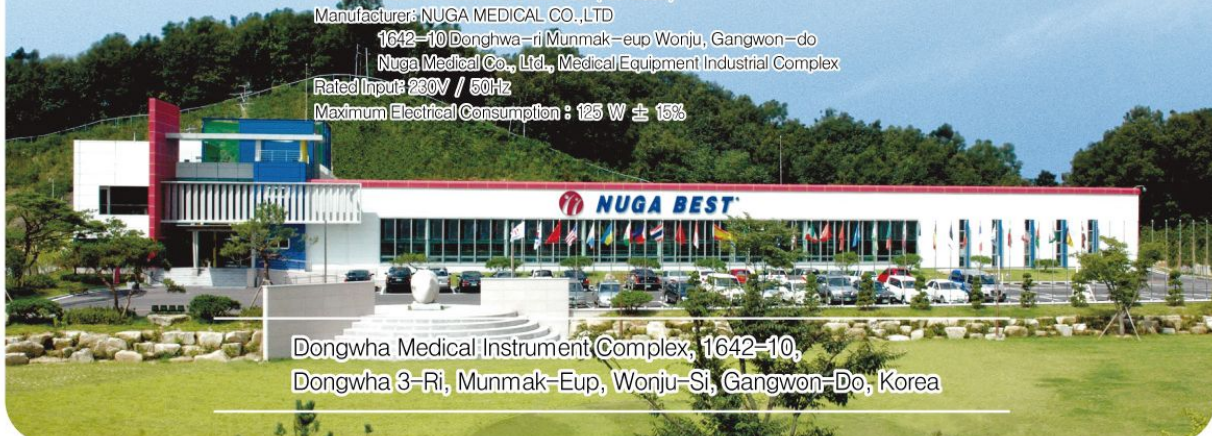
Mat, User's Manual, Safekeep bag

NM-55 Safety Suggestions

1. Do not disassemble the device if you are not a professional electrician.
2. Do not use near a power generator or X-ray device that uses strong electric currents instantly or where the device is exposed to strong electromagnetic waves.
3. Do not use for undesignated purposes.
4. Always follow the given cycle.
5. In case of problems, please contact a local agent or the Main Office Customer Center.

NM-55 Specifications

Product Type: Thermal Massager
 Product Name & Model No.: NM-55 (Bio heart)
 Manufacturer: NUGA MEDICAL CO., LTD
 1642-10 Donghwa-ri Munmak-eup Wonju, Gangwon-do
 Nuga Medical Co., Ltd., Medical Equipment Industrial Complex
 Rated Input: 230V / 50Hz
 Maximum Electrical Consumption : 125 W ± 15%



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